Sarah Hilderink holds an MSc in Cardiovascular research from VU Amsterdam, and is currently a fourth year PhD student at Amsterdam UMC, department of Physiology in the group of prof. van der Velden and dr. Kuster. Her work focuses of hypertrophic cardiomyopathy (HCM) and elucidating interactions between cells of the heart to improve understanding of the varying pathophysiology amongst HCM patients. A large part of the projuct focuses on extracellular vesicles. When she's not working she enjoys playing tennis, swimming, traveling, reading, hanging and eating out with friends, and trying her hand at creative activities.