- March 2009: Graduated summa cum laude from Kyushu University School of Medicine
- April 2009 March 2011: Junior Resident, Itabashi Chuo General Hospital
- April 2011 March 2014: Senior Resident, Department of Cardiology, Itabashi Chuo General Hospital
- April 2014: Enrolled in the Doctoral Program, Department of Internal Medicine, Graduate School of Medicine, The University of Tokyo
- April 2015 August 2018: Leave of absence (relocated to the U.S., childbirth, childcare)
- January 2017 September 2017: Visiting Researcher, Hong Lab, Division of Cardiology, Vanderbilt University, Tennessee (Conducted iPS research)
- September 2018: Resumed doctoral studies
- March 2022: Earned Doctor of Medicine, Graduate School of Medicine, The University of Tokyo
- April 2024 Present: JSPS Research Fellow (RPD)