

Dr. Atsushi Anzai is a Clinician-Scientist in the Department of Cardiology at Keio University School of Medicine in Tokyo, Japan. He earned his MD and PhD from Keio University School of Medicine and completed fellowships in internal medicine, general cardiology, and interventional cardiology at Keio University Hospital. Driven by his scientific curiosity, he pursued postdoctoral training at Massachusetts General Hospital in the USA.

Dr. Anzai's research focuses on innate immunity and inflammation in cardiovascular disease, utilizing in vivo models of acute and chronic inflammation relevant to cardiovascular and metabolic disorders. His work specifically examines cell development, movement, communication, and function. More recently, his research has expanded to explore the impact of social factors, such as social isolation and loneliness, as critical modulators of cardiovascular and metabolic health.